

## **Submission Number:EB-17-00185**

Appendix A-C

## Appendix A

**Table A.I:** Empirical estimates of the fraction of present-biased individuals in recent studies

| Study                                                                                                                                                                                                          | Population                            | N     | Elicitation method                     | Fraction                                                                                      |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------|-------|----------------------------------------|-----------------------------------------------------------------------------------------------|
| <b>Ashraf, N., Karlan, D., &amp; Yin, W. (2006).</b> Tying Odysseus to the Mast: Evidence from a Commitment Savings Product in the Philippines. <i>The Quarterly Journal of Economics</i> , 21(2), 635-672.    | Clients of a Philippine Bank          | 1,777 | Hypothetical time preference questions | 28%                                                                                           |
| <b>Harrison, G. W., Lau, M. I., &amp; Rutström, E. E. (2010).</b> Individual Discount Rates and Smoking: Evidence from a Field Experiment in Denmark. <i>Journal of Health Economics</i> , 29(5), 708-717.     | Danish Population                     | 252   | Experiment and structural estimation   | 37.9% of smokers and 27.3% of non-smokers                                                     |
| <b>Meier, S., &amp; Sprenger, C. (2010).</b> Present-Biased Preferences and Credit Card Borrowing. <i>American Economic Journal: Applied Economics</i> , 2(1), 193-210.                                        | Low income U.S. tax filers            | 541   | Experiment                             | 36%                                                                                           |
| <b>Duflo, E., Kremer, M., &amp; Robinson, J. (2011).</b> Nudging Farmers to Use Fertilizer: Theory and Experimental Evidence from Kenya. <i>American Economic Review</i> , 101(6), 2350-90.                    | Farmers in Kenya                      | 877   | Model calibration for fertilizer use   | 69% stochastically, 17% always (31-41% of observed choices)                                   |
| <b>Epper, T., Fehr-Duda, H., &amp; Bruhin, A. (2011).</b> Viewing the Future through a Warped Lens: Why Uncertainty Generates Hyperbolic Discounting. <i>Journal of Risk and Uncertainty</i> , 43(3), 169-203. | University students                   | 112   | Experiment                             | 45%                                                                                           |
| <b>Andreoni, J., &amp; Sprenger, C. (2012).</b> Estimating Time Preferences from Convex Budgets. <i>The American Economic Review</i> , 102(7), 3333-3356.                                                      | University students                   | 84    | Experiment                             | No aggregate PB, $\beta_{min}=0.76$ , $\beta_{max}=1.32$                                      |
| <b>Coller, M., Harrison, G. W., &amp; Rutström, E. E. (2012).</b> Latent Process Heterogeneity in Discounting Behavior. <i>Oxford Economic Papers</i> , 64(2), 375-391.                                        | University students                   | 87    | Experiment and structural est.         | 41%                                                                                           |
| <b>Read, D., Frederick, S., &amp; Airoldi, M. (2012).</b> Four Days Later in Cincinnati: Longitudinal Tests of Hyperbolic Discounting. <i>Acta Psychologica</i> , 140(2), 177-185.                             | University people and online database | 128   | Experiment                             | No aggregate present bias, 11.5% impatient switches (but as many patient switches)            |
| <b>Andersen, S., Harrison, G. W., Lau, M. I., &amp; Rutström, E. E. (2014).</b> Discounting Behavior: A Reconsideration. <i>European Economic Review</i> , 71, 15-33.                                          | Danish population                     | 413   | Experiment and structural estimation   | No aggregate present bias, individual estimation of $\beta$ yields $\mu=1.00$ and $sd=0.04$ . |
| <b>Augenblick, N., Niederle, M., &amp; Sprenger, C. (2015).</b> Working Over Time: Dynamic Inconsistency in Real Effort Tasks. <i>The Quarterly Journal of Economics</i> , 130(3), 1067-1115.                  | University students                   | 89    | Demand for commitment device           | 59%                                                                                           |
| <b>Halevy, Y. (2015).</b> Time Consistency: Stationarity and Time Invariance. <i>Econometrica</i> , 83(1), 335-352.                                                                                            | University students                   | 117   | Experiment                             | 12% static present bias, 21% dynamic present bias                                             |
| <b>Kaur, S., Kremer, M., &amp; Mullainathan, S. (2015).</b> Self-control at Work. <i>Journal of Political Economy</i> , 123(6), pp.1227-1277.                                                                  | Workers in Indian data-entry firm     | 8,423 | Choice of a commitment contract        | 36%                                                                                           |
| <b>Graziani, G., van der Klaauw, W. and Zafar, B. (2016).</b> Workers' Spending Response to the 2011 Payroll Tax Cuts. <i>American Economic Journal: Economic Policy</i> , 8(4), pp.124-159.                   | Workers                               | 206   | Incentivized intertemporal choices     | 35.5%                                                                                         |

**Note:** The table only contains a selection of recent studies. For further references, see the overview tables in Frederick *et al.* (2002) and Andersen *et al.* (2014).

## Appendix B

**Figure B.1:** Set of potential payments in experiments 1 and 2

| Sie erhalten ...                                        |       |                                                                  |                 |
|---------------------------------------------------------|-------|------------------------------------------------------------------|-----------------|
| heute<br><small>Der Scheck ist sofort einlösbar</small> |       | in 1 Monat<br><small>Der Scheck ist in 1 Monat einlösbar</small> |                 |
| A<br>▼                                                  | oder  | B<br>▼                                                           |                 |
| 1                                                       | 200 € | 200,80 €                                                         |                 |
| 2                                                       | 200 € | 201,60 €                                                         |                 |
| 3                                                       | 200 € | 202,40 €                                                         |                 |
| 4                                                       | 200 € | 203,20 €                                                         |                 |
| 5                                                       | 200 € | 203,90 €                                                         |                 |
| 6                                                       | 200 € | 204,70 €                                                         |                 |
| 7                                                       | 200 € | 205,40 €                                                         |                 |
| 8                                                       | 200 € | 206,10 €                                                         |                 |
| 9                                                       | 200 € | 206,80 €                                                         |                 |
| 10                                                      | 200 € | 207,50 €                                                         |                 |
| 11                                                      | 200 € | 208,20 €                                                         |                 |
| 12                                                      | 200 € | 208,90 €                                                         |                 |
| 13                                                      | 200 € | 209,60 €                                                         |                 |
| 14                                                      | 200 € | 210,20 €                                                         |                 |
| 15                                                      | 200 € | 210,80 €                                                         |                 |
| 16                                                      | 200 € | 211,50 €                                                         |                 |
| 17                                                      | 200 € | 212,10 €                                                         |                 |
| 18                                                      | 200 € | 212,70 €                                                         |                 |
| 19                                                      | 200 € | 213,30 €                                                         |                 |
| 20                                                      | 200 € | 213,90 €                                                         |                 |
|                                                         |       |                                                                  | Liste <b>Z5</b> |

| Sie erhalten ...                                                       |       |                                                                        |                 |
|------------------------------------------------------------------------|-------|------------------------------------------------------------------------|-----------------|
| in 12 Monaten<br><small>Der Scheck ist in 12 Monaten einlösbar</small> |       | in 13 Monaten<br><small>Der Scheck ist in 13 Monaten einlösbar</small> |                 |
| A<br>▼                                                                 | oder  | B<br>▼                                                                 |                 |
| 1                                                                      | 200 € | 200,80 €                                                               |                 |
| 2                                                                      | 200 € | 201,60 €                                                               |                 |
| 3                                                                      | 200 € | 202,40 €                                                               |                 |
| 4                                                                      | 200 € | 203,20 €                                                               |                 |
| 5                                                                      | 200 € | 203,90 €                                                               |                 |
| 6                                                                      | 200 € | 204,70 €                                                               |                 |
| 7                                                                      | 200 € | 205,40 €                                                               |                 |
| 8                                                                      | 200 € | 206,10 €                                                               |                 |
| 9                                                                      | 200 € | 206,80 €                                                               |                 |
| 10                                                                     | 200 € | 207,50 €                                                               |                 |
| 11                                                                     | 200 € | 208,20 €                                                               |                 |
| 12                                                                     | 200 € | 208,90 €                                                               |                 |
| 13                                                                     | 200 € | 209,60 €                                                               |                 |
| 14                                                                     | 200 € | 210,20 €                                                               |                 |
| 15                                                                     | 200 € | 210,80 €                                                               |                 |
| 16                                                                     | 200 € | 211,50 €                                                               |                 |
| 17                                                                     | 200 € | 212,10 €                                                               |                 |
| 18                                                                     | 200 € | 212,70 €                                                               |                 |
| 19                                                                     | 200 € | 213,30 €                                                               |                 |
| 20                                                                     | 200 € | 213,90 €                                                               |                 |
|                                                                        |       |                                                                        | Liste <b>Z6</b> |

**Source:** Richter and Schupp (2014, p.7).

## Appendix C

**Table C.I:** Correlation between non-valid/corner choices in the experimental data and present-biasedness in the survey data

|                       | (1)     | (2)     | (3)     |
|-----------------------|---------|---------|---------|
| <b>Never-switcher</b> |         |         |         |
| Present-bias ( $>4$ ) | 0.0022  | 0.0041  | 0.0036  |
| s.e.                  | (0.051) | (0.051) | (0.051) |
| p-val                 | (0.965) | (0.935) | (0.943) |
| Observations          | 520     | 520     | 520     |
| Age                   |         | X       | X       |
| Age squared           |         | X       | X       |
| Sex                   |         |         | X       |
| German                |         |         | X       |
| Log lik.              | -347.3  | -344.8  | -343.4  |
| $R^2$                 | 0.000   | 0.009   | 0.015   |

**Notes:** 2006 SOEP data. The dependent variable is an indicator variable for being a never-switcher in the experimental data. Only 174 of the 177 excluded individuals have nonmissing information for the survey information of present bias. Standard errors and p-values in parentheses. \*  $p < 0.1$ , \*\*  $p < 0.05$ , \*\*\*  $p < 0.01$ .

**Table C.II:** Validation results for the survey measure of present bias (using differences of switching amounts)

|                          | (1)                  | (2)                  | (3)                   | (4)                  | (5)                   | (6)                   |
|--------------------------|----------------------|----------------------|-----------------------|----------------------|-----------------------|-----------------------|
| Present-bias (scale 1-7) | -0.0013**<br>(0.001) | -0.0013**<br>(0.001) | -0.0021***<br>(0.001) |                      |                       |                       |
| Present-bias (>4)        |                      |                      |                       | -0.0069**<br>(0.003) | -0.0070***<br>(0.003) | -0.0097***<br>(0.003) |
| Sex (male=1)             |                      | -0.0012<br>(0.002)   | -0.0015<br>(0.002)    |                      | -0.0012<br>(0.002)    | -0.0015<br>(0.002)    |
| German                   |                      | -0.0029<br>(0.005)   | -0.0013<br>(0.005)    |                      | -0.0028<br>(0.005)    | -0.0011<br>(0.005)    |
| Father upper sec. edu.   |                      |                      | -0.0073<br>(0.005)    |                      |                       | -0.0076<br>(0.005)    |
| Mother upper sec. edu.   |                      |                      | 0.0050<br>(0.006)     |                      |                       | 0.0052<br>(0.006)     |
| Patience                 |                      |                      | -0.0013***<br>(0.000) |                      |                       | -0.0014***<br>(0.000) |
| Observations             | 346                  | 346                  | 310                   | 346                  | 346                   | 310                   |
| Age                      | X                    | X                    | X                     | X                    | X                     | X                     |
| Age squared              | X                    | X                    | X                     | X                    | X                     | X                     |
| Log lik.                 | -770.4               | -770.0               | -679.0                | -769.1               | -768.8                | -678.2                |
| ML- $R^2$                | .012                 | .014                 | .053                  | .02                  | .022                  | .059                  |

**Notes:** 2006 SOEP data. The dependent variable is the difference in switching amounts ( $x_{i,2} - x_{i,1}$ ). Standard errors in parentheses. \*  $p < 0.1$ , \*\*  $p < 0.05$ , \*\*\*  $p < 0.01$ .

**Table C.III:** Validation results for the survey measure of present bias (using midpoint values of switching amounts)

|                          | (1)                  | (2)                  | (3)                   | (4)                  | (5)                  | (6)                   |
|--------------------------|----------------------|----------------------|-----------------------|----------------------|----------------------|-----------------------|
| Present-bias (scale 1-7) | -0.0013**<br>(0.001) | -0.0013**<br>(0.001) | -0.0021***<br>(0.001) |                      |                      |                       |
| Present-bias (>4)        |                      |                      |                       | -0.0069**<br>(0.003) | -0.0070**<br>(0.003) | -0.0096***<br>(0.003) |
| Sex (male=1)             |                      | -0.0012<br>(0.002)   | -0.0015<br>(0.002)    |                      | -0.0012<br>(0.002)   | -0.0015<br>(0.002)    |
| German                   |                      | -0.0029<br>(0.005)   | -0.0014<br>(0.005)    |                      | -0.0029<br>(0.005)   | -0.0012<br>(0.005)    |
| Father upper sec. edu.   |                      |                      | -0.0074<br>(0.005)    |                      |                      | -0.0077<br>(0.005)    |
| Mother upper sec. edu.   |                      |                      | 0.0050<br>(0.006)     |                      |                      | 0.0052<br>(0.006)     |
| Patience                 |                      |                      | -0.0013***<br>(0.000) |                      |                      | -0.0013***<br>(0.000) |
| Observations             | 346                  | 346                  | 310                   | 346                  | 346                  | 310                   |
| Age                      | X                    | X                    | X                     | X                    | X                    | X                     |
| Age squared              | X                    | X                    | X                     | X                    | X                    | X                     |
| Log lik.                 | 854.1                | 854.5                | 774.8                 | 855.4                | 855.7                | 775.7                 |
| R <sup>2</sup>           | 0.012                | 0.014                | 0.053                 | 0.020                | 0.022                | 0.058                 |

**Notes:** 2006 SOEP data. The dependent variable is the ratio of switching amounts ( $x_{i,2}/x_{i,1}$ ) using midpoint values. Standard errors in parentheses. \* p < 0.1, \*\* p < 0.05, \*\*\* p < 0.01.

**Table C.IV:** *Experimental* measure of present bias (using the ratio of the two discount rates) and real-world outcomes

| Variables                   | Spending            |                   |                    |                   | Education and health |                   |                   |
|-----------------------------|---------------------|-------------------|--------------------|-------------------|----------------------|-------------------|-------------------|
|                             | Cash                | Save              | Overspend          | CDebt             | College              | Smoker            | Unh. diet         |
| Present-biased (experiment) | -11.05**<br>(4.379) | -6.046<br>(5.581) | 11.08**<br>(4.832) | -0.197<br>(1.017) | -0.0882<br>(1.130)   | 1.147<br>(1.281)  | -0.388<br>(1.485) |
| $\delta$ (experiment)       | 10.88**<br>(4.442)  | -7.066<br>(5.651) | -7.213<br>(4.564)  | 0.684<br>(0.946)  | -0.340<br>(1.102)    | -0.154<br>(1.285) | -0.672<br>(1.466) |
| Observations                | 345                 | 344               | 346                | 326               | 346                  | 310               | 310               |
| Age                         | X                   | X                 | X                  | X                 | X                    | X                 | X                 |
| Age-squared                 | X                   | X                 | X                  | X                 | X                    | X                 | X                 |
| Male                        | X                   | X                 | X                  | X                 | X                    | X                 | X                 |
| Parental education          | X                   | X                 | X                  | X                 | X                    | X                 | X                 |
| Log lik.                    | -630.3              | -697.9            | -655.7             | -84.83            | -161.0               | -161.1            | -207.7            |
| R-squared                   | 0.123               | 0.0774            | 0.0774             | 0.0645            | 0.0897               | 0.106             | 0.0974            |

**Notes:** SOEP data. The extent of *present-biased (experiment)* is measured by the ratio of the two discount rates ( $d_{i,2}/d_{i,1}$ ). Dependent variables: *Cash* “I always try to have some money set aside for unexpected expenses”(1-7); *Save* “I consume less today to be able to afford more tomorrow”(1-7); *Overspend* “My monthly expenses are often higher than what I can actually afford.”(1-7); *CDebt* indicates positive consumer debt; *College* indicates a college or university degree. *Smoker* indicates current smoking; *Unh. diet* indicates following an unhealthy diet. Robust standard errors in parentheses. \* p < 0.1, \*\* p < 0.05, \*\*\* p < 0.01.

**Table C.V:** *Survey* measure of present bias and real-world outcomes (no control variables)

| Variables               | Spending            |                      |                     | Education and health |                      |                   |                     |
|-------------------------|---------------------|----------------------|---------------------|----------------------|----------------------|-------------------|---------------------|
|                         | Cash                | Save                 | Overspend           | CDebt                | College              | Smoker            | Unh. diet           |
| Present-biased (survey) | -0.494**<br>(0.234) | -0.768***<br>(0.260) | 0.983***<br>(0.250) | 0.0713<br>(0.050)    | -0.173***<br>(0.039) | 0.117*<br>(0.065) | 0.228***<br>(0.068) |
| $\delta$ (experiment)   | 6.540<br>(4.183)    | -7.940<br>(5.010)    | -2.535<br>(4.088)   | 0.759<br>(0.857)     | -0.0270<br>(1.016)   | 0.839<br>(1.189)  | -0.765<br>(1.370)   |
| Observations            | 345                 | 344                  | 346                 | 326                  | 346                  | 310               | 310                 |
| Log lik.                | -648.9              | -705.8               | -659.3              | -94.00               | -171.8               | -176.2            | -218.0              |
| R-squared               | 0.0224              | 0.0342               | 0.0580              | 0.0104               | 0.0306               | 0.0141            | 0.0354              |

**Notes:** SOEP data. Dependent variables: *Cash* “I always try to have some money set aside for unexpected expenses.” (1-7); *Save* “I consume less today to be able to afford more tomorrow” (1-7); *Overspend* “My monthly expenses are often higher than what I can actually afford.” (1-7); *CDebt* indicates positive consumer debt; *College* indicates a college or university degree. *Smoker* indicates current smoking; *Unh. diet* indicates following an unhealthy diet. Robust standard errors in parentheses. \*  $p < 0.1$ , \*\*  $p < 0.05$ , \*\*\*  $p < 0.01$ .

**Table C.VI:** *Experimental* measure of present bias and real-world outcomes (no control variables)

| Variables                   | Spending          |                   |                     | Education and health |                    |                   |                    |
|-----------------------------|-------------------|-------------------|---------------------|----------------------|--------------------|-------------------|--------------------|
|                             | Cash              | Save              | Overspend           | CDebt                | College            | Smoker            | Unh. diet          |
| present-biased (experiment) | -0.104<br>(0.180) | -0.163<br>(0.218) | 0.540***<br>(0.193) | -0.0106<br>(0.038)   | -0.0492<br>(0.045) | 0.0296<br>(0.053) | -0.0177<br>(0.060) |
| $\delta$ (experiment)       | 6.872<br>(4.283)  | -7.401<br>(5.240) | -4.560<br>(4.247)   | 0.821<br>(0.874)     | 0.144<br>(1.067)   | 0.776<br>(1.215)  | -0.569<br>(1.398)  |
| Observations                | 345               | 344               | 346                 | 326                  | 346                | 310               | 310                |
| Log lik.                    | -651.5            | -710.2            | -665.4              | -95.27               | -176.7             | -177.9            | -223.4             |
| R-squared                   | 0.00757           | 0.00890           | 0.0242              | 0.00265              | 0.00334            | 0.00289           | 0.000985           |

**Notes:** SOEP data. *Present-biased (experiment)* is a variable which indicates whether the elicited  $\beta$  is smaller than one.  $\beta$  was dichotomized here to allow for a direct comparison between the estimated coefficients in this table with the ones from Table III. Dependent variables: *Cash* “I always try to have some money set aside for unexpected expenses” (1-7); *Save* “I consume less today to be able to afford more tomorrow” (1-7); *Overspend* “My monthly expenses are often higher than what I can actually afford.” (1-7); *CDebt* indicates positive consumer debt; *College* indicates a college or university degree. *Smoker* indicates current smoking; *Unh. diet* indicates following an unhealthy diet. Robust standard errors in parentheses. \*  $p < 0.1$ , \*\*  $p < 0.05$ , \*\*\*  $p < 0.01$ .